



AWE



Exploring AWE



Stefanie Christensen | August 21, 2023 | MICA DAV Capstone Presentation

The Science of Awe



Capstone Goals

Lead,
don't
tell

Opportunity
for
Sensemaking

Thinking
about how
we think

Shareable

Self
collected
data

self
exploration

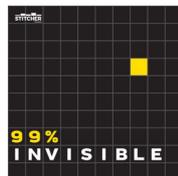
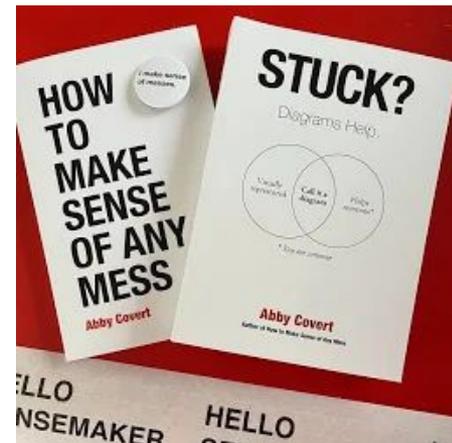
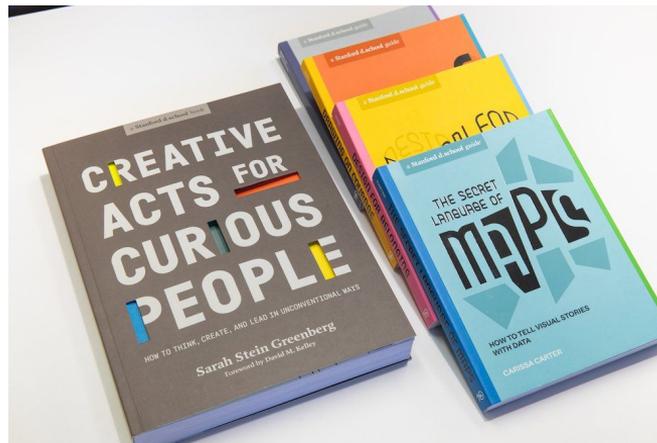
Create
opportunity
for connection

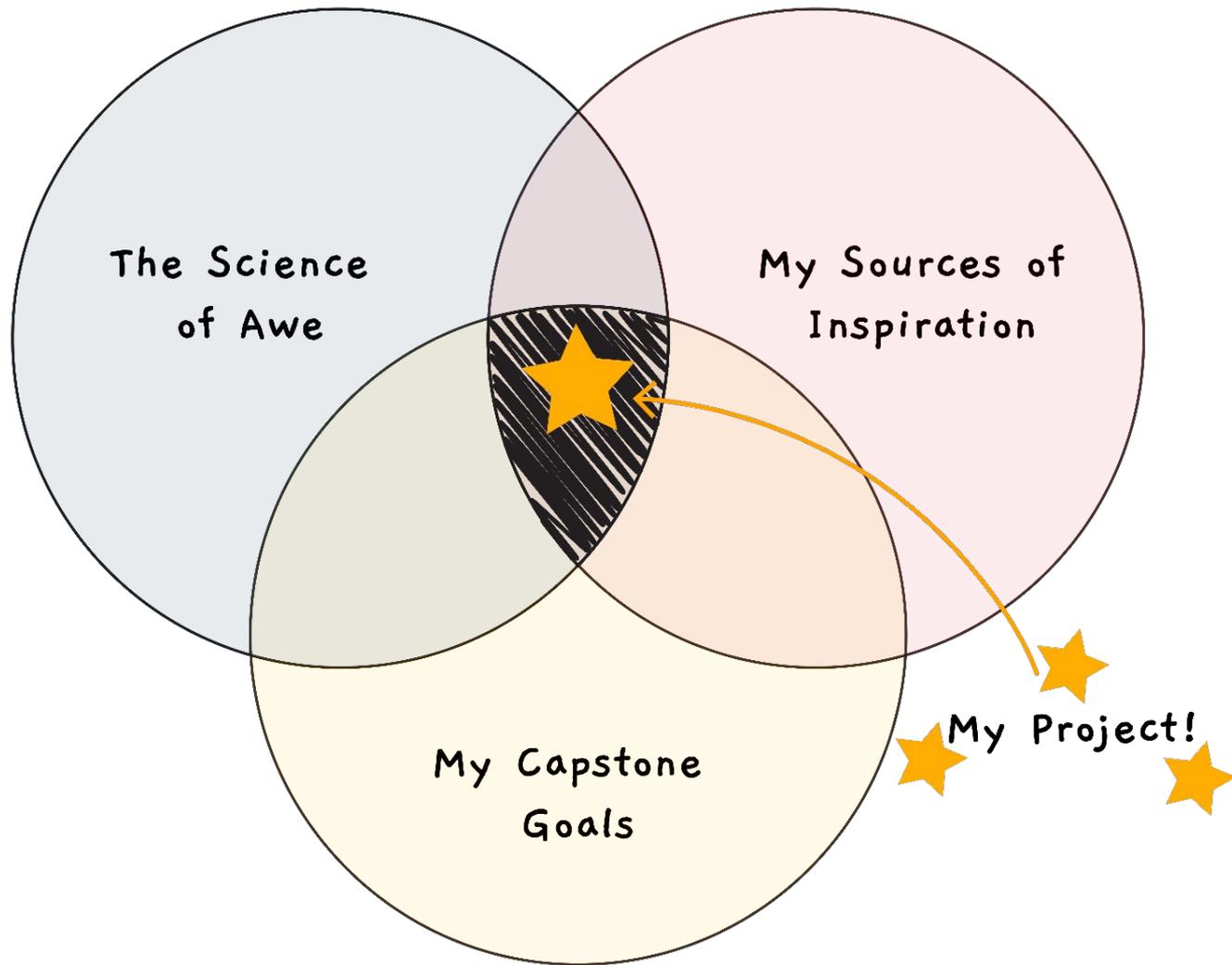
A little
whimsy

Something
to "DO"

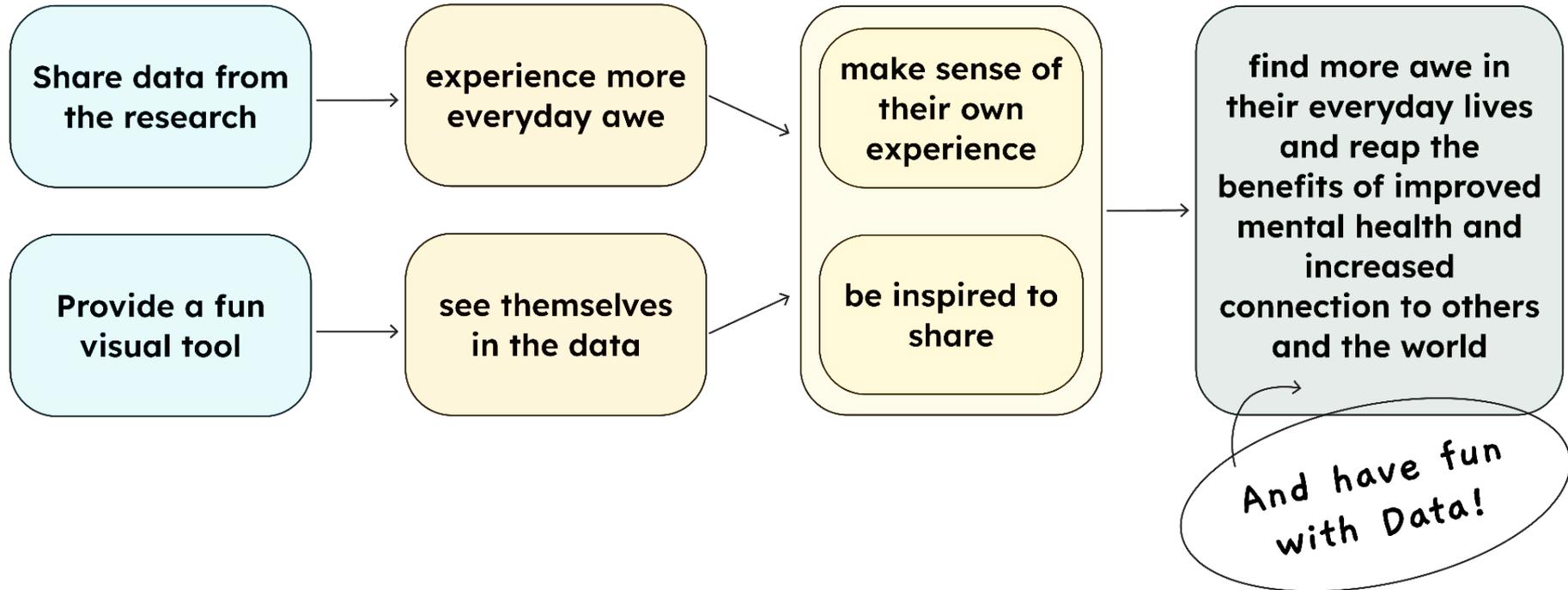
Make
research &
data fun

Inspiration



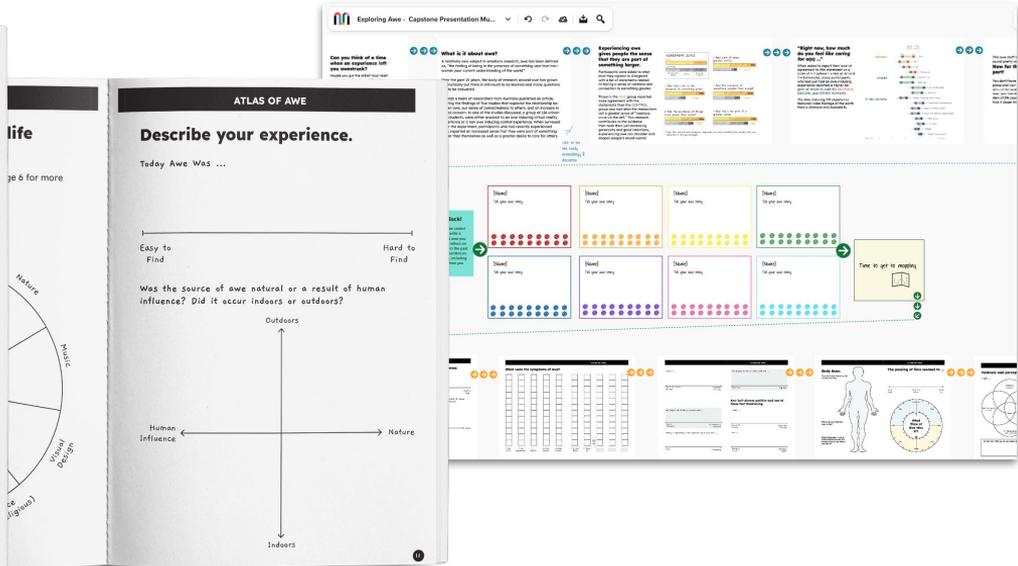
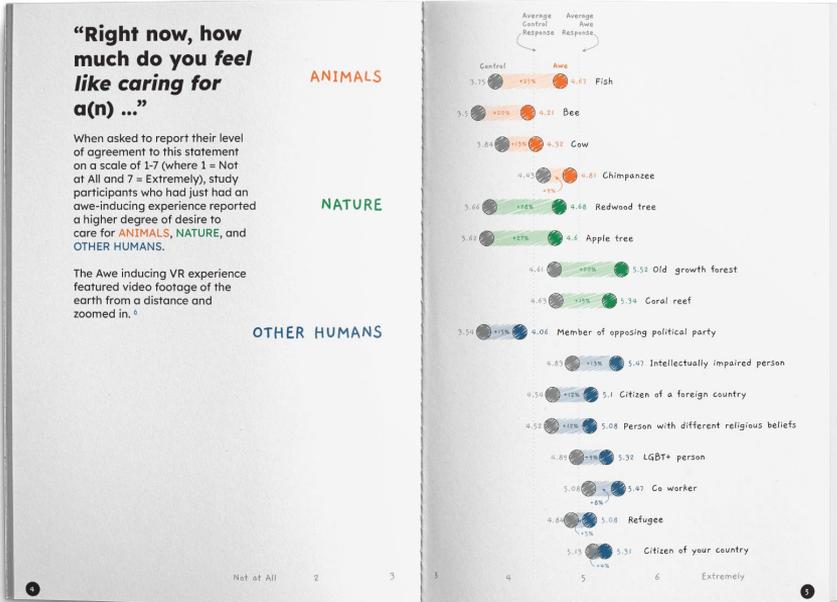


What if I could ...



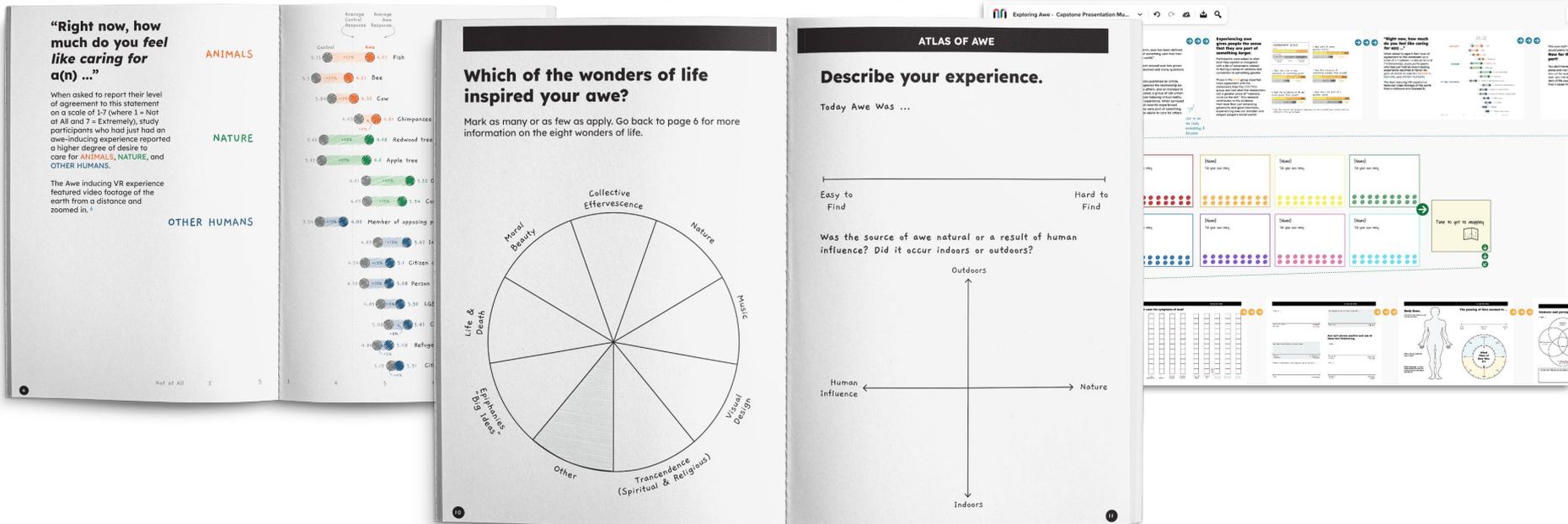
Exploring Awe

FORMAT: An Everyday Awe Pocket Journal & Awe Map



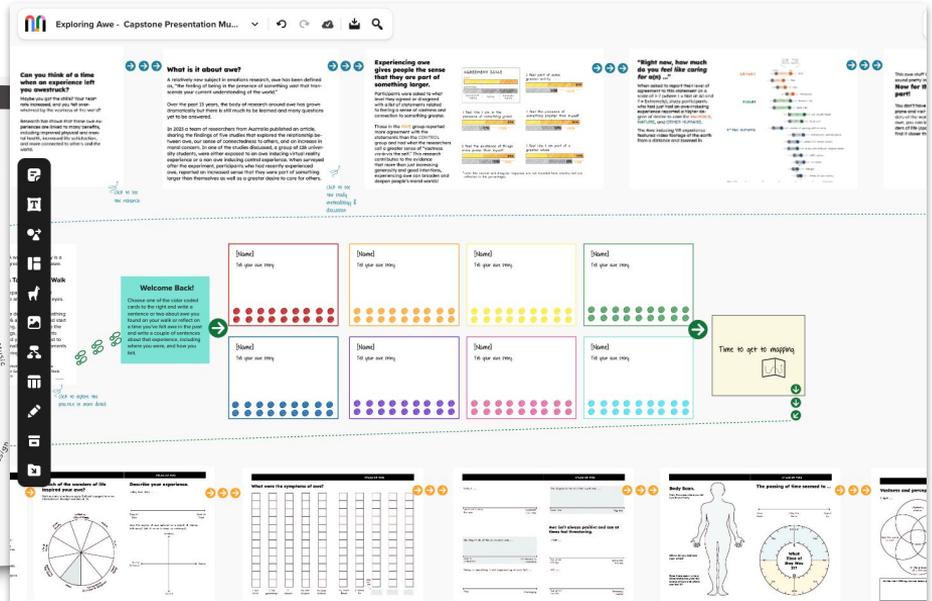
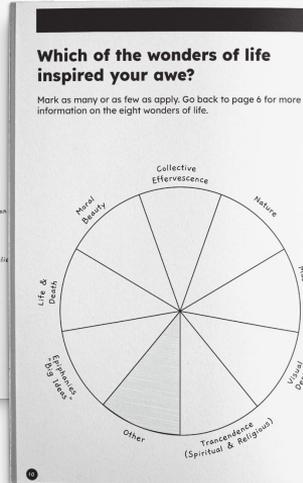
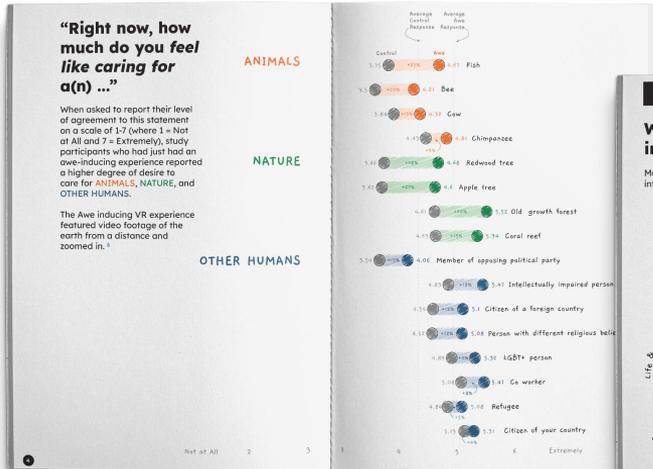
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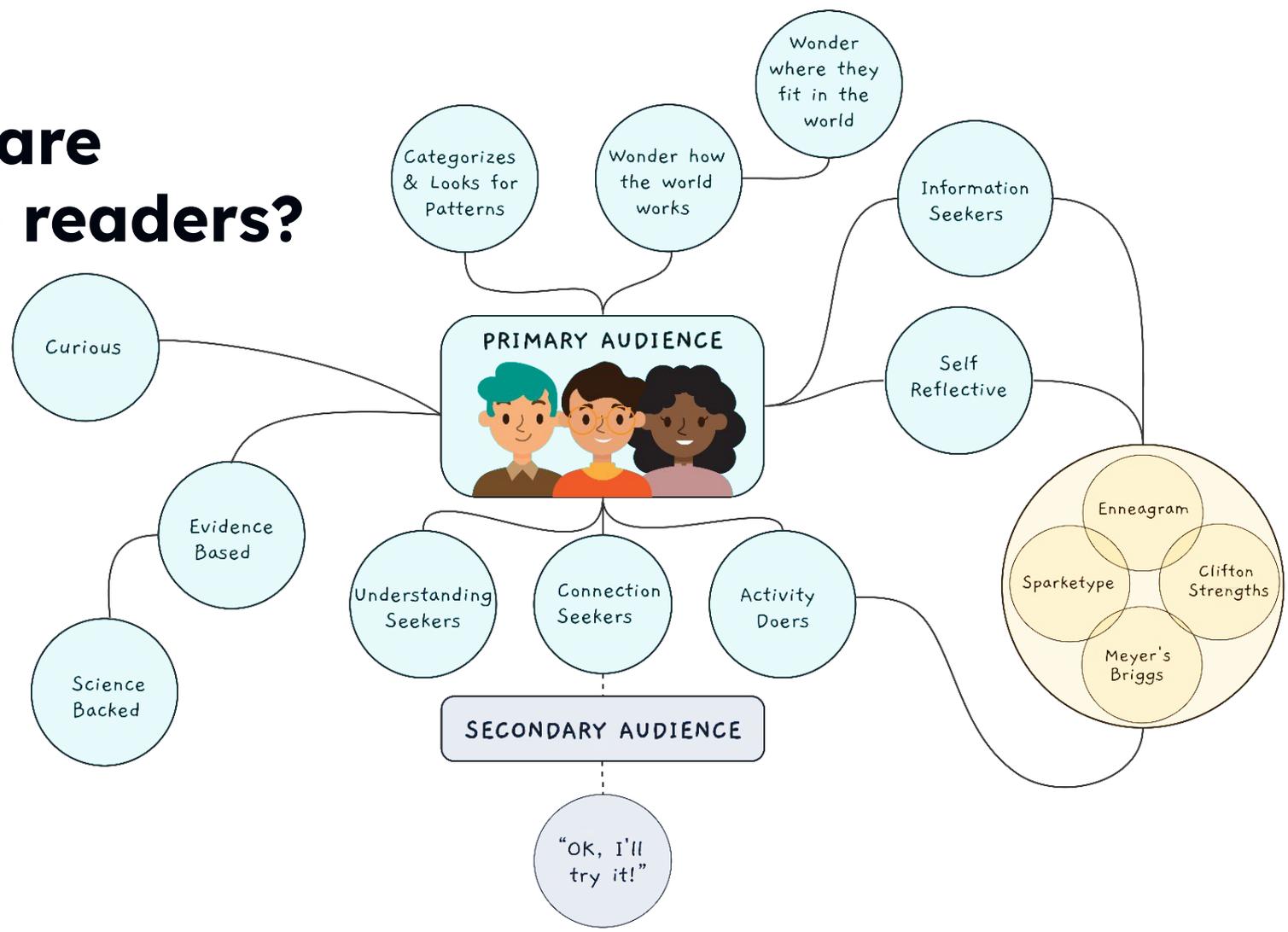


Exploring Awe

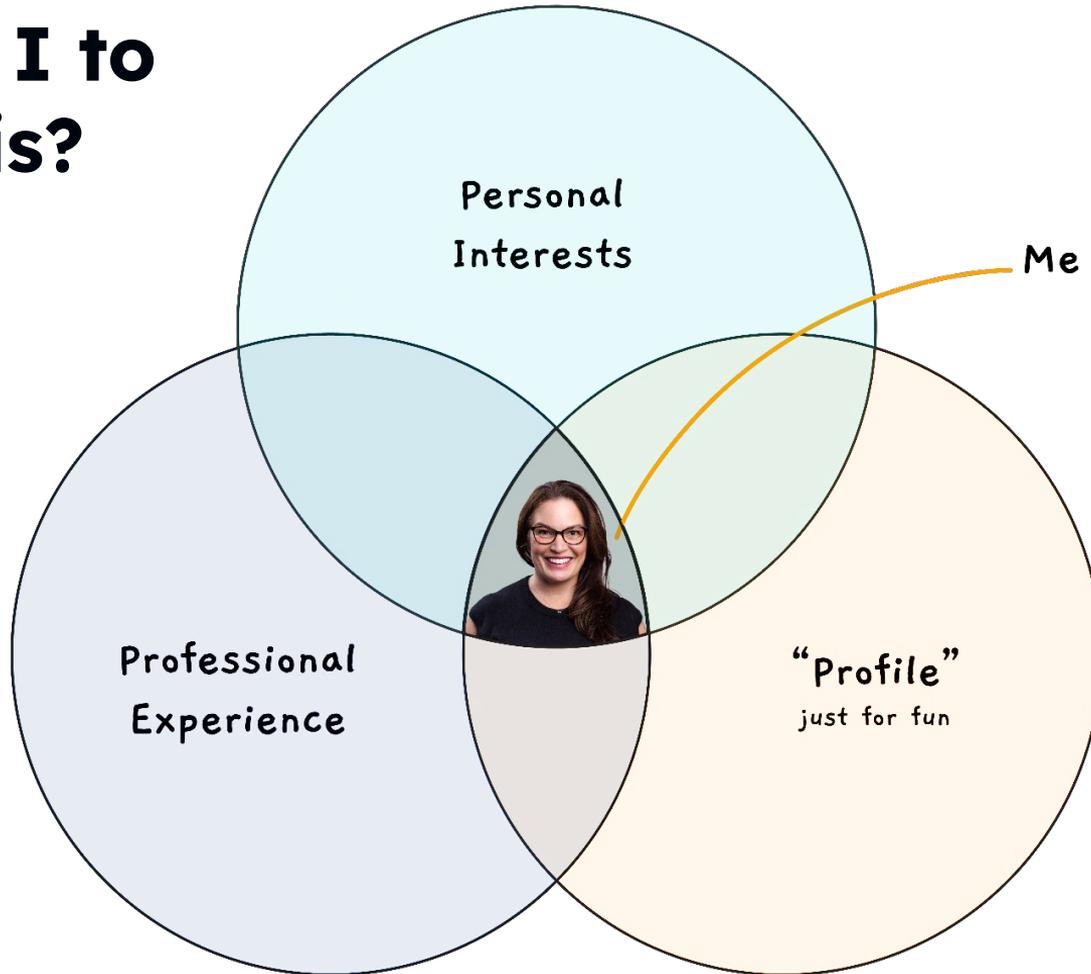
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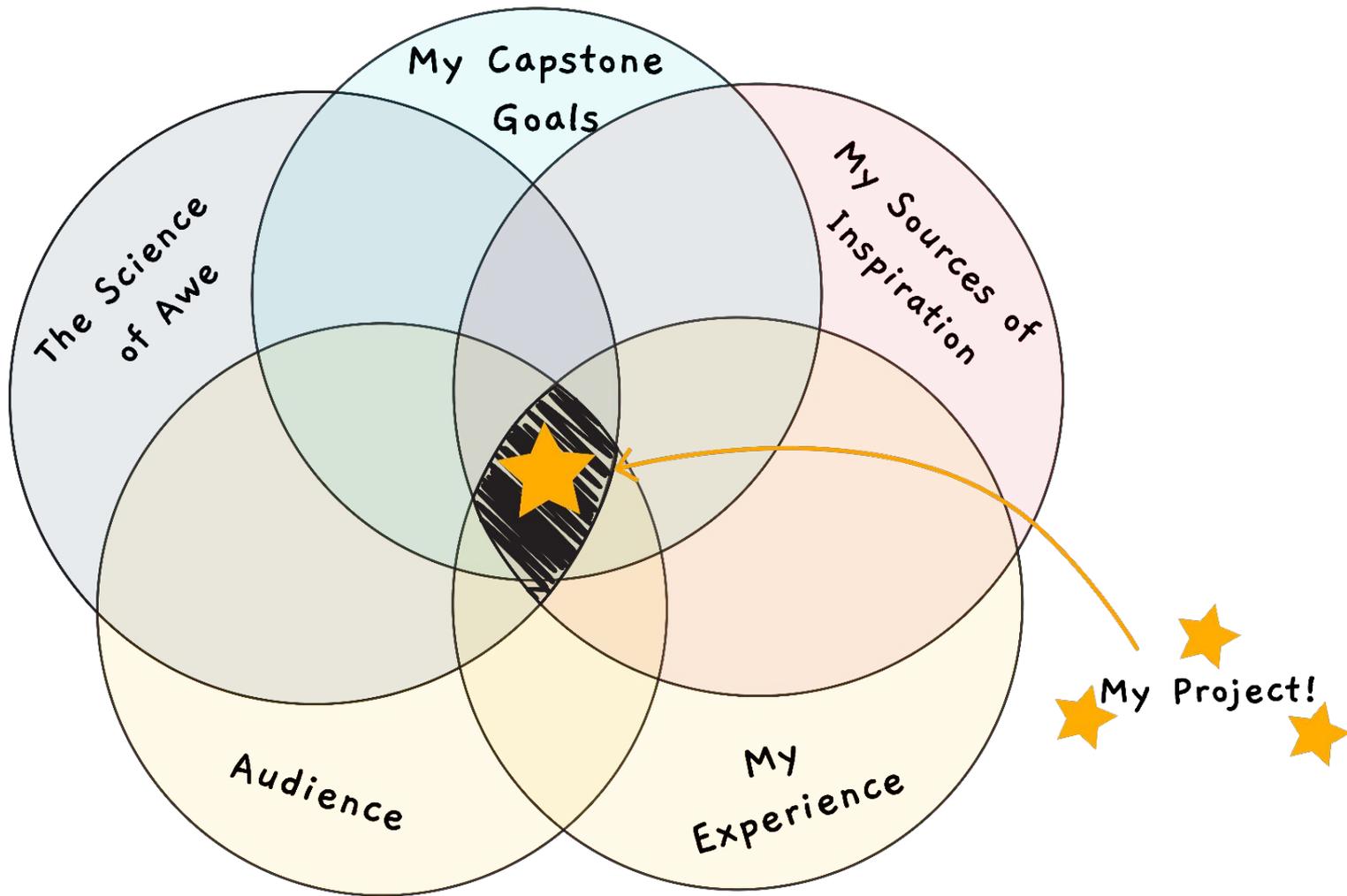


Who are these readers?

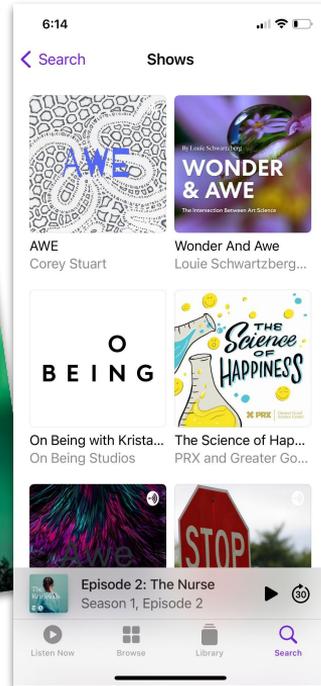
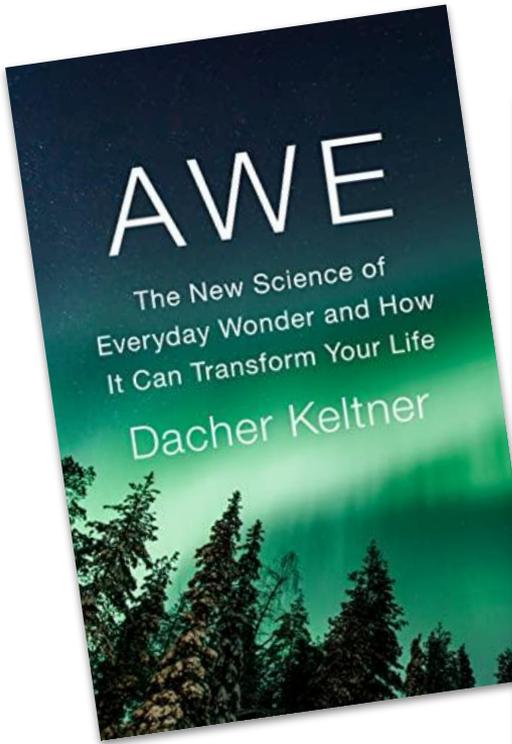


Who am I to tackle this?





Data Driven

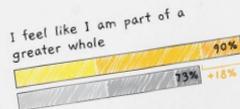
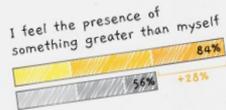
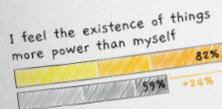
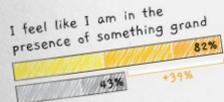
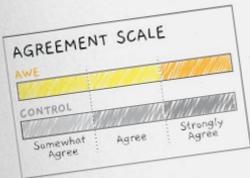


A screenshot of a PubMed search results page for the query 'awe'. The search bar at the top shows 'awe' and a search button. Below the search bar, there are options for 'Save', 'Email', and 'Send to', along with sorting and display options. The results section shows '1,222 results' and a 'RESULTS BY YEAR' bar chart. The bar chart shows a significant increase in results starting around 2015, peaking in 2023. A yellow circle highlights the bar chart and the 'Reset' button. Below the chart, there are filters for 'TEXT AVAILABILITY' (Abstract, Free full text, Full text) and 'ARTICLE ATTRIBUTE' (Associated data). The 'ARTICLE TYPE' section includes options like 'Books and Documents', 'Clinical Trial', 'Meta-Analysis', 'Randomized Controlled Trial', and 'Review'. The search results list several articles, including 'Awe and the Experience of the Sublime: A Complex Relationship' and 'Shock and Awe'.

Experiencing awe gives people the sense that they are part of something larger.

Participants were asked to what level they agreed or disagreed with a list of statements related to feeling a sense of vastness and connection to something greater.

Those in the **AWE** group reported more agreement with the statements than the **CONTROL** group and had what the researchers call a greater sense of “vastness vis-à-vis the self.” This research contributes to the evidence that more than just increasing generosity and good intentions, experiencing awe can broaden and deepen people’s moral worlds⁵



*note: the neutral and disagree responses are not included here visually but are reflected in the percentages

“Right now, how much do you feel like caring for a(n) ...”

When asked to report their level of agreement to this statement on a scale of 1-7 (where 1 = Not at All and 7 = Extremely), study participants who had just had an awe-inducing experience reported a higher degree of desire to care for **ANIMALS**, **NATURE**, and **OTHER HUMANS**.

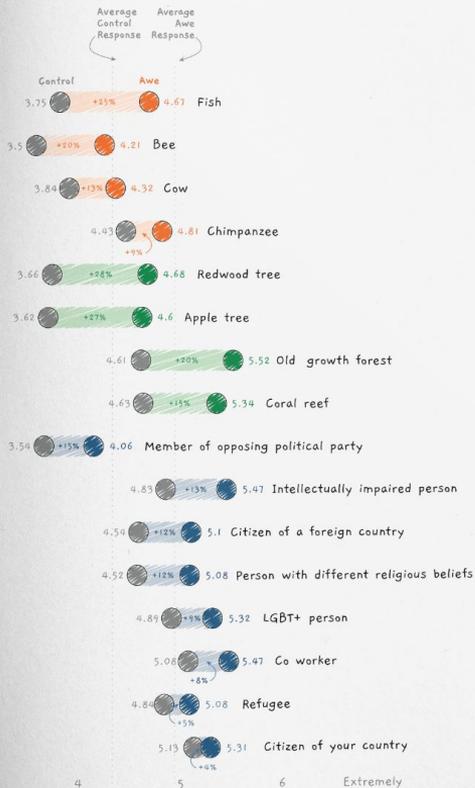
The Awe inducing VR experience featured video footage of the world from a distance and in motion.⁶

ANIMALS

NATURE

OTHER HUMANS

Survey Data



Tools

Right now, how much do you **feel like caring for**:

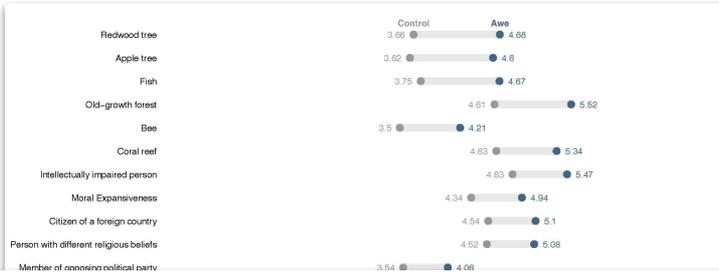
Not at all

How much do you agree or disagree with the following statements?

Strongly disagree Disagree Somewhat disagree Neither agree nor disagree Somewhat agree

I feel the presence of something greater than myself
 I feel like I am part of a greater whole
 I feel the assistance of things more powerful than myself
 I feel part of some greater entity
 I feel small and insignificant
 I feel insignificant in the grand scheme of things
 In the grand scheme of things, my own issues and concerns do not matter as much
 I feel like I am in the presence of something grand
 I feel like my own day-to-day concerns are relatively trivial
 I feel small relative to something more powerful than myself

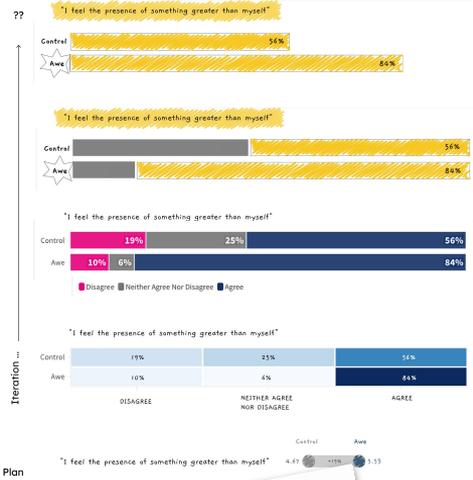
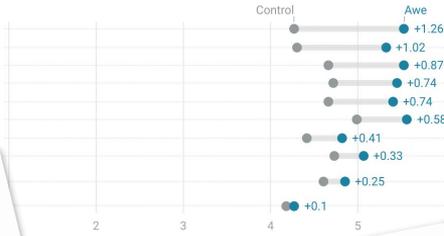
LGBT+ person
 Refugee
 Old-growth forest
 Coral reef
 Bee
 Cow
 Apple tree
 Chimpanzee
 Intellectually impaired person
 Co-worker
 Citizen of a foreign country
 Citizen of your country
 Fish
 Member of opposing political party
 Person with different religious beliefs
 Redwood tree



Individuals Who Experienced Awe Had a Sense That They Were Part of Something Larger

1= Strongly Disagree, 7= Strongly Agree

"I feel part of some greater entity"
 "I feel like I am in the presence of something grand"
 "I feel the presence of something greater than myself"
 "I feel the existence of things more powerful than myself"
 "I feel small relative to something more powerful than myself"
 "I feel like I am part of a greater whole"
 "I feel insignificant in the grand scheme of things"
 "I feel like my own day-to-day concerns are relatively trivial"
 "In the grand scheme of things, my own issues and concerns do not matter as much"
 "I feel small and insignificant"



Original Plan

SAS (Situational Awe Scale) Metrics

Control: 4.97, Awe: 5.53

AWES (awe experience scale) Metrics

Number of Awe Experiences: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100

Where I found awe

Location: Home, Office, School, Park, Museum, Nature, City, etc.

What I felt in my body

Body Scan: Head, Neck, Shoulder, Upper Arm, Lower Arm, Hand, Wrist, Forearm, Elbow, Lower Back, Upper Back, Neck, Head

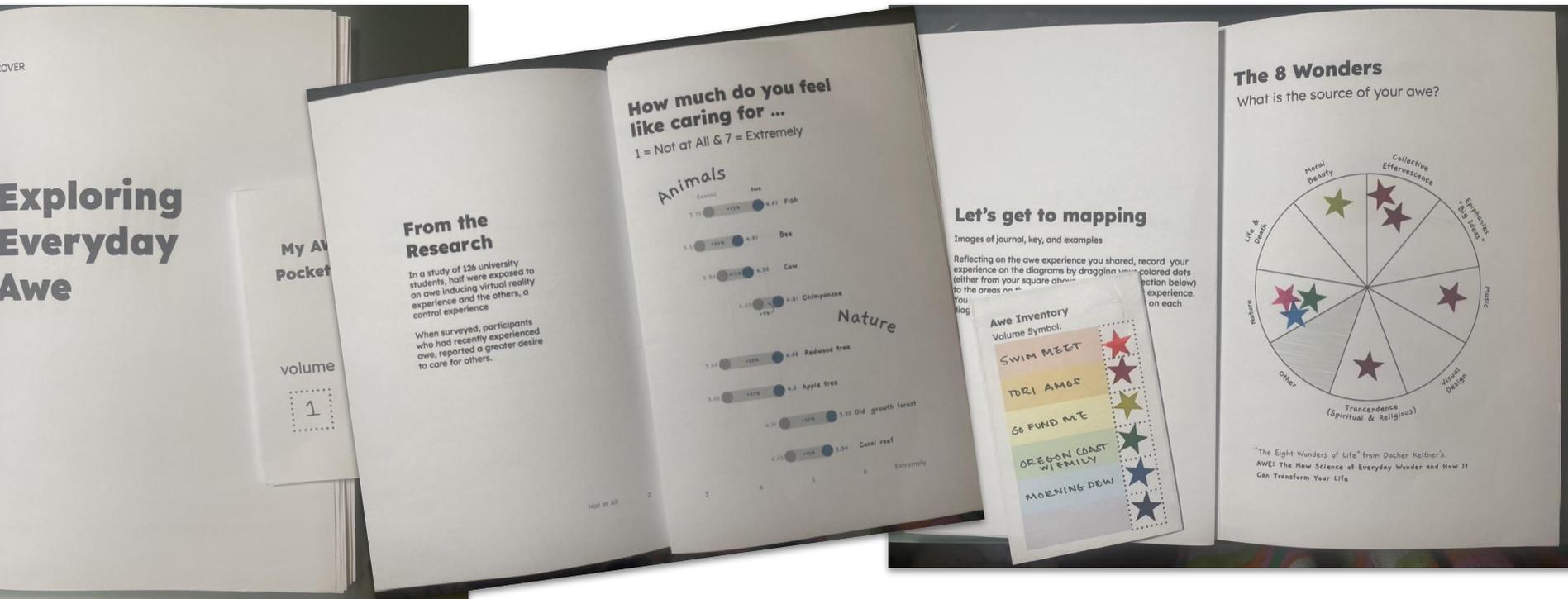
Where I felt awe in my body

Body Scan: Head, Neck, Shoulder, Upper Arm, Lower Arm, Hand, Wrist, Forearm, Elbow, Lower Back, Upper Back, Neck, Head

Decisions, decisions, decisions



Decisions, decisions, decisions



Do we need to define terms?

Like collective effervescence. If I was running this activity we'd have to have a conversation about how people interpreted that. If you don't want to have that discussion then give some small definitions?

C and S - interpreted collective effervescence as collective energy like at a football game. KVH interpreted it as two or more people being happy.

AB - Source of Awe - the active NOT collective effervescence. Everyone doing their own thing. How many different people making significant contributions to so many different things in this city, in this block.

a month ago

I'm not sure where to put my dots because I need more information on what collective effervescence and "big ideas" are. Where would you put awe through architecture?

one of the you can look and it closer

Testing led to iteration.

Anytime there are categories, creating a structure for what you want people to look for, categorize, pay attention to... what gets inadvertently left out?

D - how could we use this elsewhere -- the personal/emotional piece of learning for adults. cool things to think about.

AB - in 15 min you could have a rich set of experiences. but it was a nice thing to think about for PL purposes. We did a day of service in HI for the whole day. That feels limiting to get outside/get out of space. **We could do this in 15 min. Didn't need longer even if it would have been nice.**

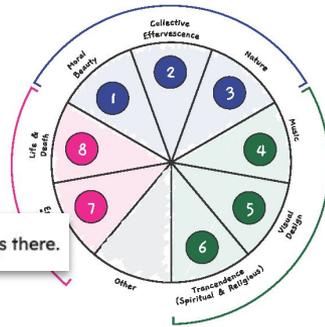
Features conversation

D - could you take an awe approach to looking at student work? To create an orientation to think about assessment.

The Eight Wonders of Life

PERSONAL & TRANSFORMATIVE: How we relate to the world & one another

- 1 Moral Beauty - Others' kindness, courage, and overcoming.
- 2 Collective Effervescence - Moving in unison in ritual, sport, dance, religion, and public life.
- 3 Nature - "Wild Awe." Nature becomes spiritual.



CULTURAL: Codified in music arts and text

- 4 Music - The wonders and mysteries of musical pleasure.
- 5 Visual Design - The geometry of the built world.
- 6 Spirituality & Religion - The experience of transcendence, mystical awe, and the wonder of intelligent design.

UNIVERSAL: Help us find and know our place in the world

- 7 Epiphany - "Big Ideas." We are part of systems larger than ourselves.
- 8 Life & Death - The cycle of life.

from Dacher Keltner's, AWE: The New Science of Everyday Wonder and How It Can Transform Your Life

ATLAS OF AWE

How does awe feel?? Wanted more categories... didn't feel the things there.

My Heart Raced

I Teared Up

Enter your own

13

**Let's take a
look inside.**

Exploring Awe

Featuring the awe pocket
journal and personal atlas
of awe activity pages.

**This Little Book of Awe
Belongs to:**

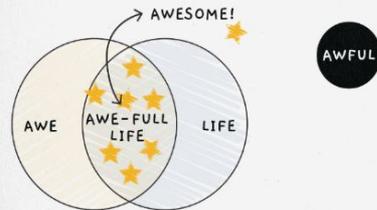
Using glue or tape, attach an index card or piece of paper here to create a handy place to store your pocket journals.

Can you think of a time when an experience left you awestruck?

Maybe you got the chills? Your heart rate increased, and you felt overwhelmed by the vastness of the world?

Research has shown that these awe experiences are linked to many benefits, including improved physical and mental health, increased life satisfaction, and more connected to others and the world.¹

Are you wondering how you might find more awe-inspiring experiences in your everyday life, and better yet, how you might learn to cultivate a life FULL of awe? An awe-full life, if you will. Not to be confused with an awful life. That said, maybe we should just stick to awesome, but know, an awesome life is going to be awe-filled.



You're in the right place. This little booklet aims to give you a bit of insight on awe and how we can benefit by experiencing more of it and also, invites you to create an atlas of your personal awe experiences. By taking a look at where you find awe and how it makes you feel, the hope is that you will make connections and start to learn how you can best cultivate an awesome life.

The journey starts here.

What is it about awe?

A relatively new subject in emotions research, awe has been defined as, “the feeling of being in the presence of something vast that transcends your current understanding of the world.”²

Over the past 15 years, the body of research around awe has grown dramatically but there is still much to be learned and many questions yet to be answered.³

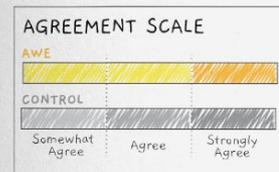
In 2023 a team of researchers from Australia published an article, sharing the findings of five studies that explored the relationship between awe, our sense of connectedness to others, and an increase in moral concern.⁴ In one of the studies discussed, a group of 126 university students, were either exposed to an awe inducing virtual reality experience or a non awe inducing control experience. When surveyed after the experiment, participants who had recently experienced awe, reported an increased sense that they were part of something larger than themselves as well as a greater desire to care for others.

Let's take a look at the survey questions and responses!

Experiencing awe gives people the sense that they are part of something larger.

Participants were asked to what level they agreed or disagreed with a list of statements related to feeling a sense of vastness and connection to something greater.

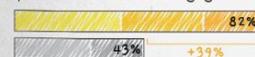
Those in the **AWE** group reported more agreement with the statements than the **CONTROL** group and had what the researchers call a greater sense of “vastness vis-à-vis the self.” This research contributes to the evidence that more than just increasing generosity and good intentions, experiencing awe can broaden and deepen people’s moral worlds!⁵



I feel part of some greater entity



I feel like I am in the presence of something grand



I feel the presence of something greater than myself



I feel the existence of things more power than myself



I feel like I am part of a greater whole

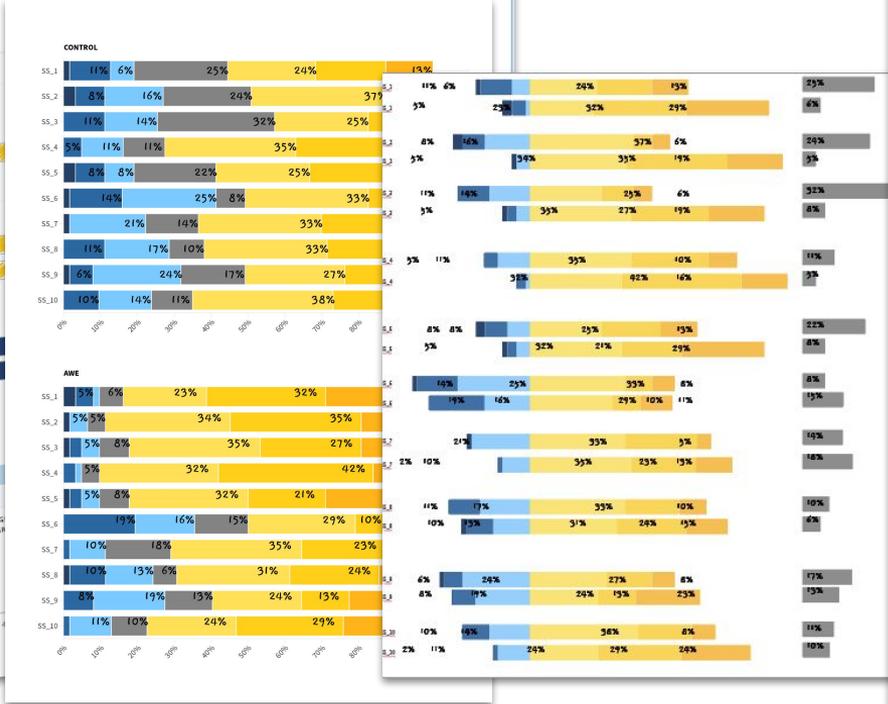


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SS

How much do you agree or disagree with the following statements?

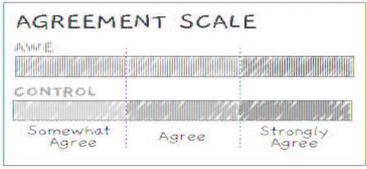
	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
I feel the presence of something greater than myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel part of some greater entity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I am in the presence of something grand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I am part of a greater whole	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel the existence of things more power than myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel small and insignificant	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Experiencing awe gives people the sense that they are part of something larger.

Participants were asked to what level they agreed or with a list of statements related to feeling a sense of awe and connection to something greater.

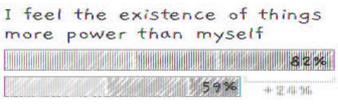
Those in the AWE group reported more agreement with statements than the CONTROL group and had what researchers call a greater sense of "vastness vis-à-vis self." This research contributes to the evidence that more than increasing generosity and good intentions, experiencing awe can broaden and deepen people's moral worlds!¹⁵



I feel part of some greater entity
49%



I feel the presence of something greater than myself
56%



I feel like I am part of a greater whole
59%

*note: the neutral and disagree responses are not included here via reflected in the percentages

??

Iteration ...

Original Plan

Strongly Disagree 2 3 5

NEITHER AGREE NOR DISAGREE

Disagree Neither Agree Nor Disagree Agree

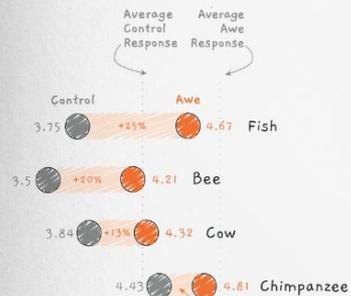
DISAGREE

“Right now, how much do you feel like caring for a(n) ...”

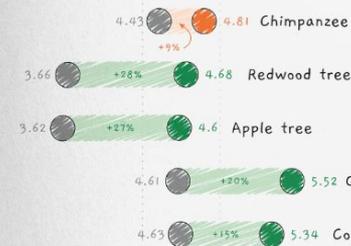
When asked to report their level of agreement to this statement on a scale of 1-7 (where 1 = Not at All and 7 = Extremely), study participants who had just had an awe-inducing experience reported a higher degree of desire to care for **ANIMALS**, **NATURE**, and **OTHER HUMANS**.

The Awe inducing VR experience featured video footage of the earth from a distance and zoomed in.⁶

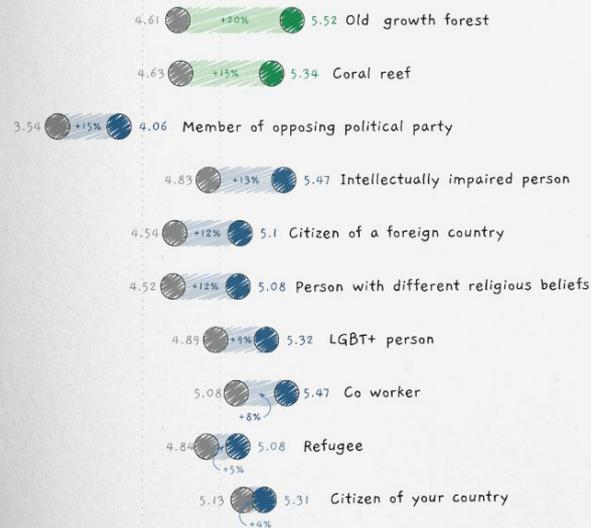
ANIMALS



NATURE



OTHER HUMANS





Right now, how much do you *feel like caring for* a:

	Not at all							Extremely
	1	2	3	4	5	6	7	
Citizen of your country	<input type="radio"/>							
Co-worker	<input type="radio"/>							
Member of opposing political party	<input type="radio"/>							
Person with different religious beliefs	<input type="radio"/>							
Citizen of a foreign country	<input type="radio"/>							
LGBT+ person	<input type="radio"/>							
Intellectually impaired person	<input type="radio"/>							
Refugee	<input type="radio"/>							
Chimpanzee	<input type="radio"/>							
Cow	<input type="radio"/>							
Fish	<input type="radio"/>							
Bee	<input type="radio"/>							
Redwood tree	<input type="radio"/>							
Apple tree	<input type="radio"/>							
Coral reef	<input type="radio"/>							
Old-growth forest	<input type="radio"/>							

“Right now, how much do you feel like caring for a(n) ...”

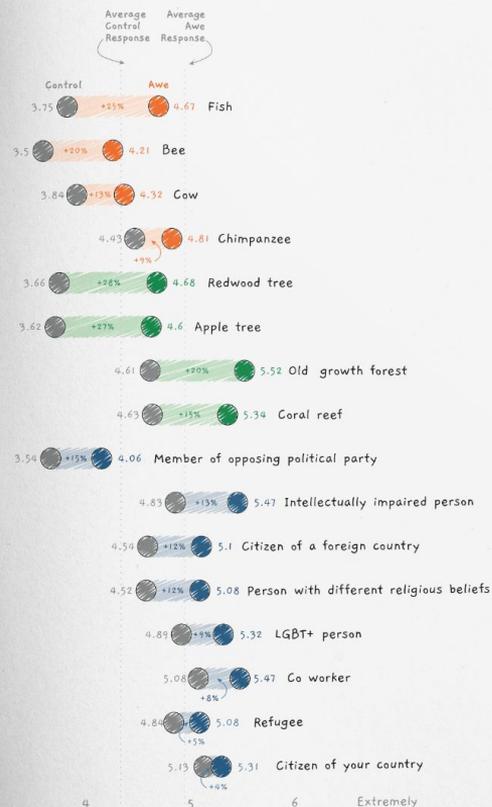
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ANIMALS

NATURE

OTHER HUMANS



This awe stuff is starting to sound pretty interesting ...

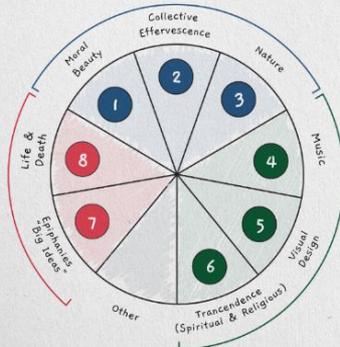
Now for the best part!

You don't have to get on an airplane and visit one of the **7 wonders of the world** to experience awe, you can look to the **8 wonders of life** (spoiler: you might find it closer than you think).

The Eight Wonders of Life

PERSONAL & TRANSFORMATIVE: How we relate to the world & one another

- 1 **Moral Beauty** - Others' kindness, courage, and overcoming.
- 2 **Collective Effervescence** - Moving in unison in ritual, sport, dance, religion, and public life.
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UNIVERSAL: Help us find and know our place in the world

- 7 **Epiphany** - "Big Ideas." We are part of systems larger than ourselves.
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from Dacher Keltner's, **AWE: The New Science of Everyday Wonder and How It Can Transform Your Life**⁷

"Closer than I think ..." you say. "But seriously, where might I start looking for these awe-inducing experiences?" you ask.

We looked to the experts in the field as well as Google (the expert in many fields 🤖) to come up with the list below. Check out the noted sources or try a google search for more details on any practice, videos for inspiration, or, to dig in a little deeper.

Warning!!!

The Following Activities May Induce AWE*

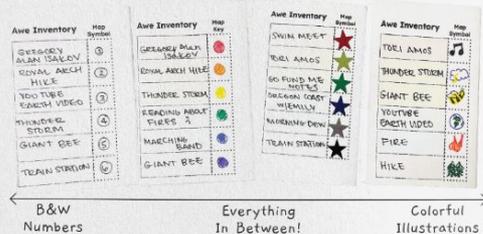
- Take an Awe Walk** - Take a deep breath and start walking. Pay attention to the feelings, smells and sights around you, from the vast to the small and notice the moments that bring you wonder.⁸
- Write an Awe Story** - Think back to a time when you experienced awe and write about it with as much detail as you can remember.⁹
- Watch an Awe Inducing Video or Show** - look online for a video that involves a sense of vastness and has the potential to change the way you understand the world and watch it. Notice how it makes you feel.¹⁰
- Ask Questions** - Question the things around you. How does this work? What else needed to happen to make this happen? What would someone who had NEVER seen this think about it?
- Admire and Be Inspired by the Greatness of Others** - For this, you can look to people you know, historical figures or total strangers. Read a biography, watch a news story, or listen to the story of a person who you admire.

*This is just a small sample of the possibilities.¹¹ Awe is everywhere.

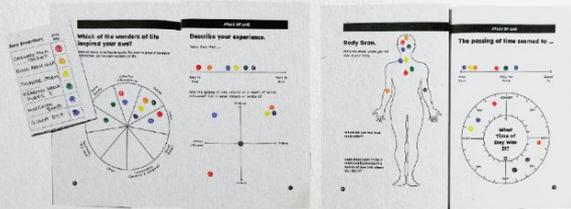
Now that we know a little bit about awe, why we might want to experience more of it, and where to look, **it is time to go forth and experience awe.** But wait ... we haven't even talked about the **AWESome Pocket Journal** OR the **Atlas of Awe.**

Here's What You Need to Know

1. Document your awe experience in your Pocket Journal and assign each entry a map symbol. How you choose your symbols is completely up to you! You can keep it as simple as a number or geometric shape, add color, stickers, or really, anything that suits your fancy. Keep in mind that you will have to recreate this symbol 20+ times.



2. Using the symbols you chose in the first step, map your experience on the diagrams in your printed Atlas of Awe.



Now, The Atlas of Awe.

The Atlas of Awe

Reflecting on your awe experience, record the details of your experience on the diagrams by placing the symbol you've assigned to the experience in the corresponding spot on the diagram. You can use as many or as few points as you want on each diagram.

There is no wrong awe. There are no wrong answers.

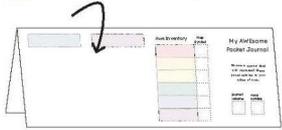
This is all just data that will allow us to explore our experiences, find patterns and identify opportunities.

These charts were created using metrics from our wonderings as well as from research and validated awe scales.^{1,2}

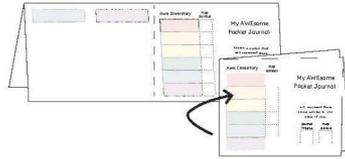
Pocket Journal Folding Instructions

1 Print the Pocket Journal page on an 8.5 x 11" sheet of paper.

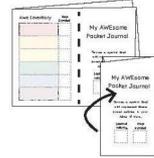
2 Fold in half lengthwise.



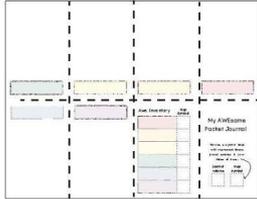
3 Fold in half again,



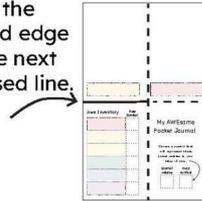
4 and fold again.



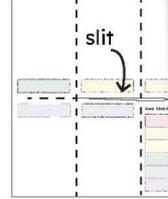
5 You should have 8 squares.



6 Cut a slit from the folded edge to the next creased line.



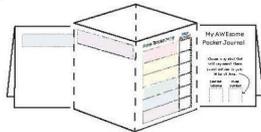
7



8 Re-fold in half lengthwise.



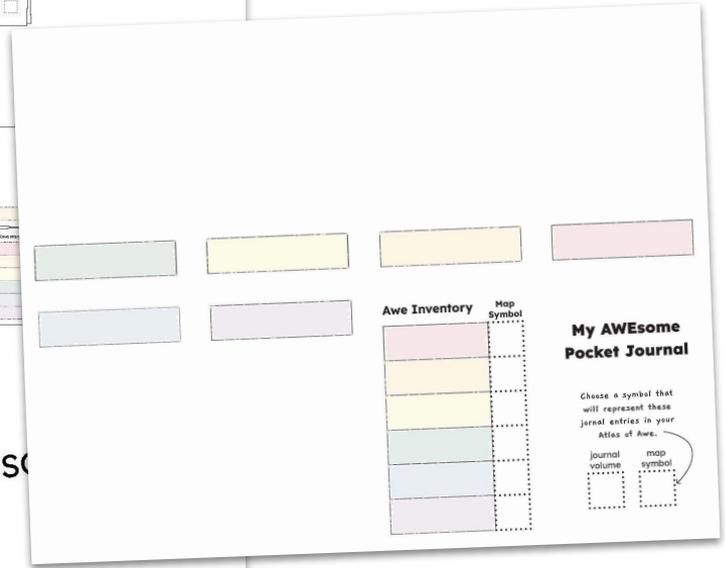
9 Pop out the center,



10 and fold flat.

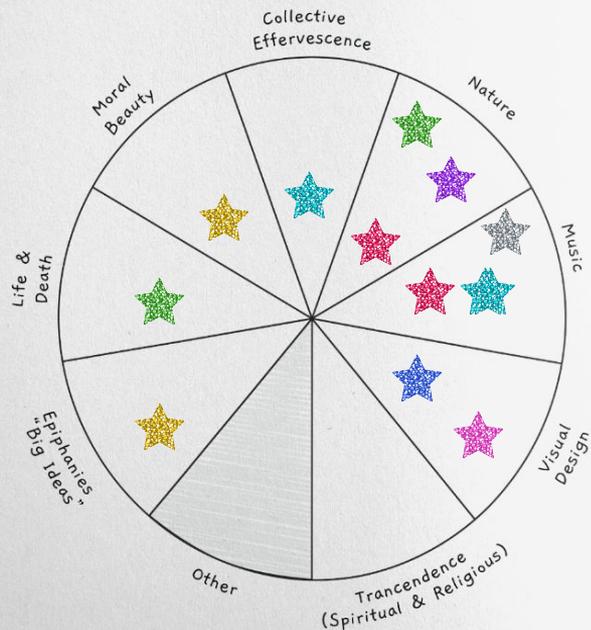


AWESOME



Which of the wonders of life inspired your awe?

Mark as many or as few as apply. Go back to page 6 for more information on the eight wonders of life.

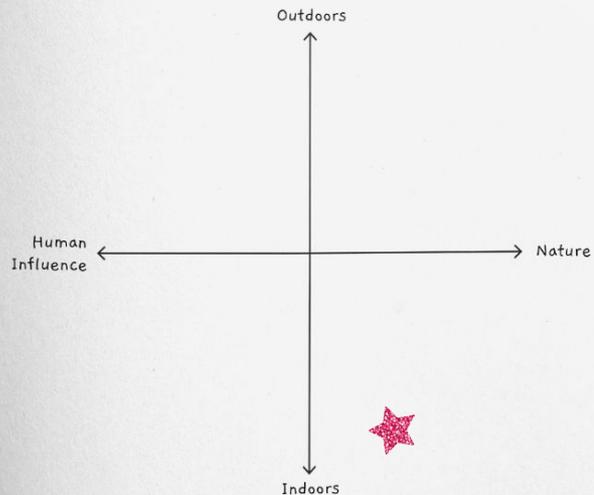


Describe your experience.

Today Awe Was ...



Was the source of awe natural or a result of human influence? Did it occur indoors or outdoors?



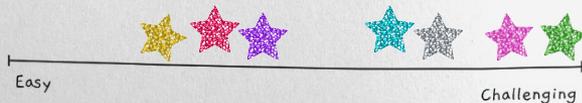
Today I ...



The Magnitude of the experience was ...



Taking in everything I was experiencing at once felt ...



ATLAS OF AWE

The Degree to which I felt awed was ...



Awe isn't always positive and can at times feel threatening.

I felt ...

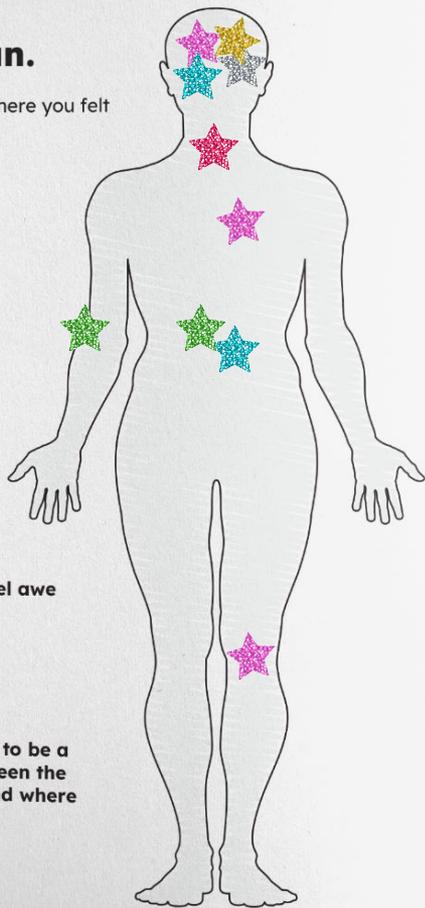


and ...



Body Scan.

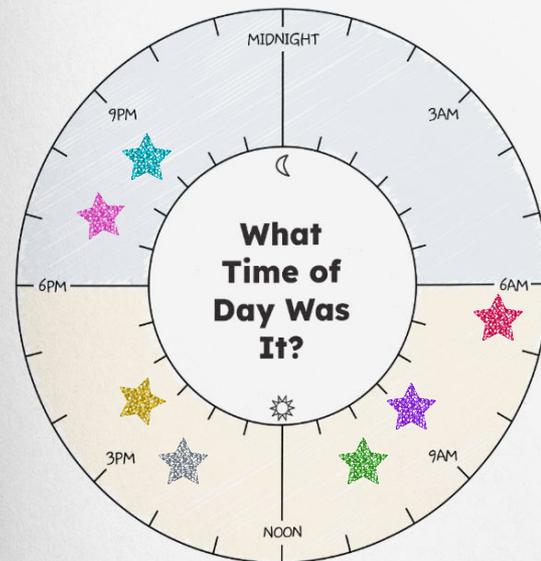
Mark the areas where you felt awe in your body.



Where do you feel awe most often?

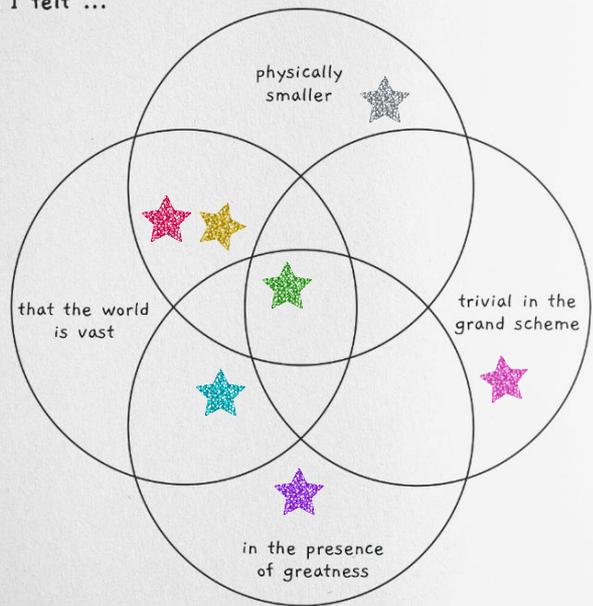
Does there seem to be a relationship between the source of awe and where you feel it?

The passing of time seemed to ...



Vastness and perception of self.

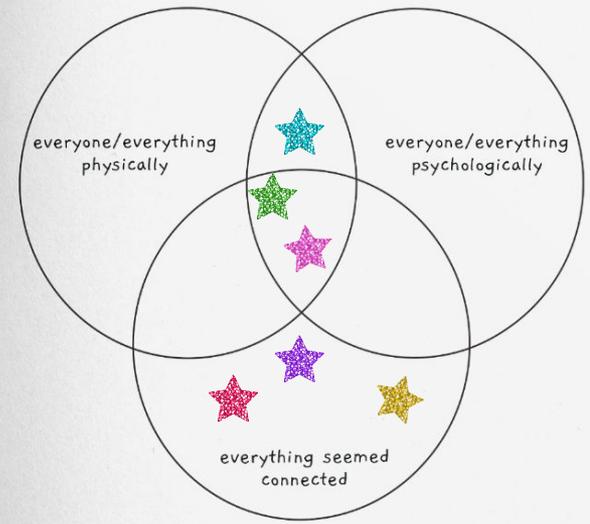
I felt ...



As the chart fills up, do any areas jump out at you?

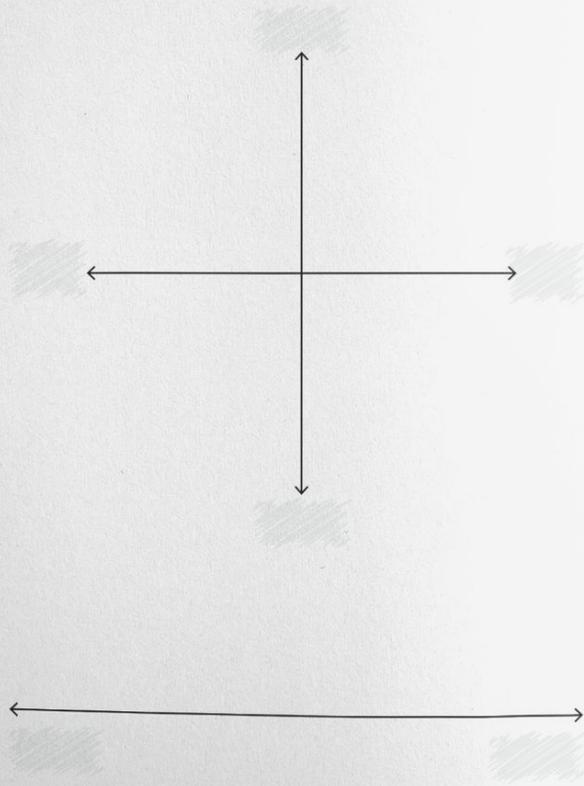
Connection.

I felt connected to ...



Are you noticing any patterns so far?

What else do you want to track?



Anything else?

Reflections

Looking back at our collection of AWESome data, what do we see, wonder, or want to try?

The top 3 wonders of life that inspire awe for me are:

- 1.
- 2.
- 3.

When I experience negative awe (feel threatened and/or anxious) these are some things those experiences have in common.

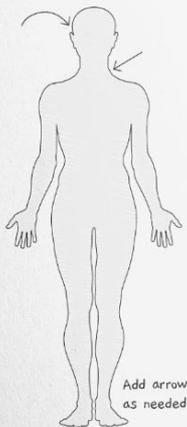
Little to none of my awe is inspired by this wonder of life.

My most frequent physical experiences of awe include:

I most often experience awe ... (circle one)

-  in the morning in the afternoon
 in the evening late at night

When I feel awe in this part of my body it might mean ...



ATLAS OF AWE

I want to explore:

I want to know more about:

Has intentionally experiencing more awe made you feel more connected to others and the world?

More generous?

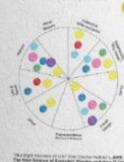
Do you plan to continue to seek out awe?

Do you want to do this activity with a team or group of friends?

You can find a collaborative version on Mural here.

The 8 Wonders

What is the source of your awe?



How Does Awe Feel?

How does awe feel in your body?



Describe your awe experience.



Dig in to the research and sources of information.

- 1 Allen, S. (2018, September 26). Eight Reasons Why Awe Makes Your Life Better. *Greater Good Magazine*. https://greatergood.berkeley.edu/article/item/eight_reasons_why_awe_makes_your_life_better.
- 2 Definition from Keltner, D. (2023). *Awe: the new science of everyday wonder and how it can transform your life*. Penguin Press
- 3 Allen, S. (2018). *The Science of Awe* [White paper]. The Greater Good Science Center at UC Berkeley. https://ggsc.berkeley.edu/images/uploads/GGSC-JTF_White_Paper-Awe_FINAL.pdf
- 4 Song JY, Klebl C, Bastian B. Awe promotes moral expansiveness via the small-self. *Front Psychol*. 2023 Mar 6;14:1097627. doi: 10.3389/fpsyg.2023.1097627. PMID: 36949922; PMCID: PMC10025529.
- 5 Song, et.al 2023 study 4.
- 6 Song, et.al 2023 study 4.
- 7 Keltner, 2023
- 8 Greater Good in Action. (n.d.). Awe Walk. Retrieved from https://ggia.berkeley.edu/practice/awe_walk?_ga=2.229342559.273501842.1688503653-245159510.1684167380
- 9 Greater Good in Action. (n.d.). Awe Narrative. Retrieved from https://ggia.berkeley.edu/practice/awe_narrative?_ga=2.170679651.273501842.1688503653-245159510.1684167380#data-tab-how
- 10 Greater Good in Action. (n.d.). Awe Video. Retrieved from https://ggia.berkeley.edu/practice/awe_video?_ga=2.161643519.273501842.1688503653-245159510.1684167380#data-tab-how

11 Where not specifically noted, the activities in this section were inspired by and/or adapted from the following online resources:

The Greater Good Science Center, In Action. <https://ggia.berkeley.edu/>

The Greater Good Science Center, In Education. https://ggie.berkeley.edu/?_ga=2.3009654.794061936.1692475330-1786915470.1685468432

Skelton, M. (2020, February 9). *Awe-inspiring activities to bring wonder to your life*. Medium. <https://medium.com/@marie.skelton/awe-inspiring-activities-to-bring-wonder-to-your-life-beca20a1100d>

Grihault, N. (2023, March 30). *8 ways to experience awe in everyday live*. restless. <https://restless.co.uk/health/healthy-mind/ways-to-experience-awe-in-everyday-life/>

Gordon, A. (2020, March 28). *Stuck Inside? Try These 5 Awe-Inducing Activities*. Psychology Today. <https://www.psychologytoday.com/us/blog/between-you-and-me/202003/stuck-inside-try-these-5-awe-inducing-activities>

12 The chart metrics were drawn from the following readings and sources:

David B. Yaden, Scott Barry Kaufman, Elizabeth Hyde, Alice Chirico, Andrea Gaggioli, Jia Wei Zhang & Dacher Keltner (2019) The development of the Awe Experience Scale (AWE-S): A multifactorial measure for a complex emotion, *The Journal of Positive Psychology*, 14:4, 474-488, DOI: 10.1080/17439760.2018.1484940

Krenzer, W. L. D., Krogh-Jespersen, S., Greenslit, J., Price, C. A., & Quinn, K. A. (2020, January 9). Assessing the Experience of Awe: Validating the Situational Awe Scale. <https://doi.org/10.31234/osf.io/dsytn>

Keltner, 2023.



exploringawe@gmail.com

So, What does MY awe look like?

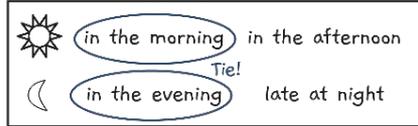
The top 3 wonders of life that inspire awe for me are:

1. Nature
2. Collective Effervescence
3. Music

Little to none of my awe is inspired by these wonders of life.

1. Trancendence
2. Epiphanies

I most often experience awe ... (circle one)



When I experience negative awe (feel threatened and/or anxious) these are some things those experiences have in common.

Usually involved natural disasters or the incomprehensible power of nature. A feeling of loss or danger. Fear makes my elbows tingle.

My most frequent physical experiences of awe include:

tearing up - always with collective effervescence & moral goodness sometimes other sources.

Eyes widen!

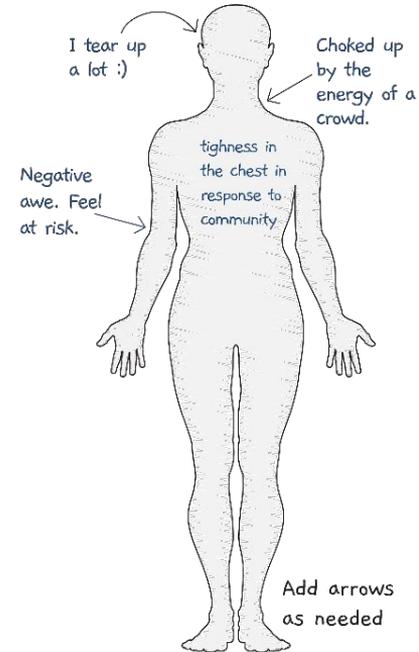
Other patterns I've noticed are:

music usually goes along with collective effervescence.

Nature is a source during the morning and music in the evening.

Reading about moral goodness has a strong awe effect.

When I feel awe in this part of my body it might mean ...



Prototype Next Steps

Share it
with the
experts

Testing.
Testing.
Testing.

Revisit
Printing

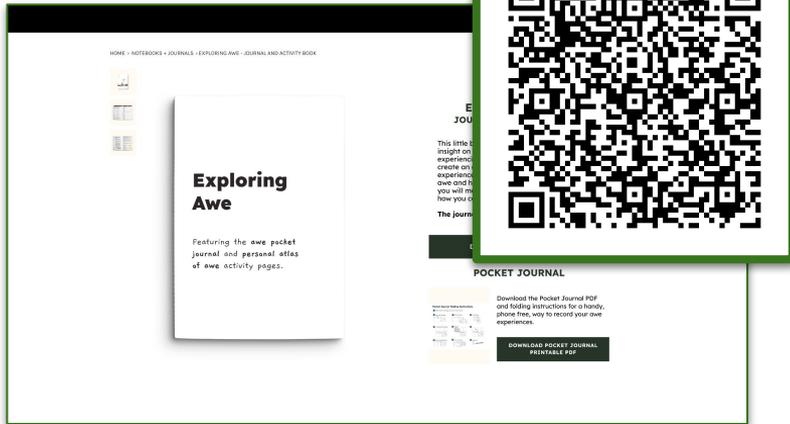
Other
topics?

Create
more ways
to connect

Explore on Your Own.

PDFs

tinyurl.com/exploreawepdfs



MURAL

tinyurl.com/exploreawe



Report back.

stef.christensen@gmail.com or exploringawe@gmail.com